

HANDS AND FEET



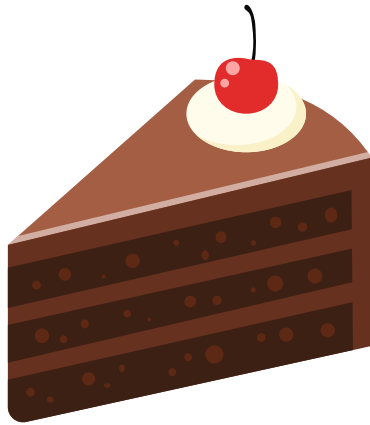
SOCIAL JUSTICE

PRAYER JOURNAL

NAME:

Cake Sale

Date: _____



The children will be icing cakes during Kids church to sell after the service for their chosen charity.

Donations of cakes welcome -
please see _____ for more
information

INTRODUCTION: HANDS AND FEET

We all have hands and feet!

Write down some of the things we can do with our hands and feet in this box:

One of the most important things we can do with our feet is to use them to walk towards someone in need, and then, to use our hands to offer help.



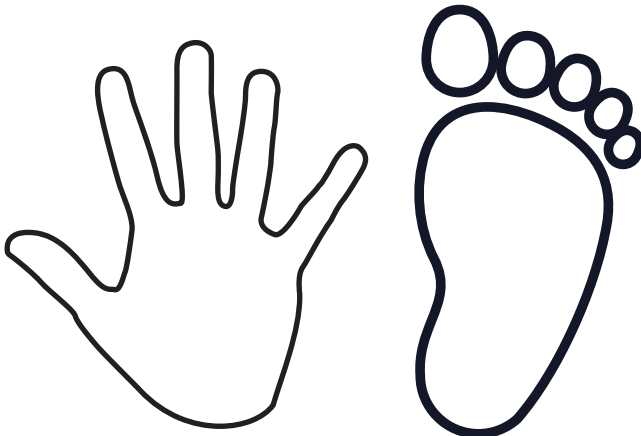
This is what Jesus did when he was walking on the earth. He went to those in need on his feet and then used his hands to help them.

Can you think of anything Jesus did that helped people? Write your ideas in this box.

Jesus cared for the broken-hearted, he protected the weak, and he healed the sick. He stood up for those who couldn't, reached out to the hurting, and looked after those who followed him.

Jesus wants us to do the same, being His hands and feet on earth, and showing His love for all.

Write inside the hands and feet all the different things we can do for Jesus.



WEEK 1: POVERTY

When somebody doesn't have the basic needs to survive, we call this living in **poverty**.

Everyone has the right to have their basic needs met, but sadly, there are those in our world who still do not have enough.

Poverty exists in every country - but let's focus our prayers this week by choosing one or two countries to pray for. Write down the names of two countries you want to specifically pray for this week. You might already know which countries you want to choose, but you could also research some with an adult.

This week I am going to prayer for:

- 1.
- 2.



FACT FILE ABOUT MY CHOSEN COUNTRIES

Write some facts and draw some pictures about the countries you have chosen. This will help you to pray in more detail.

P O V E R T Y



P R A Y E R F O R M Y C H O S E N C O U N T R Y

Speak your prayer out loud and fill in the blanks as you do so. Repeat it for both of your chosen countries.

Father God,

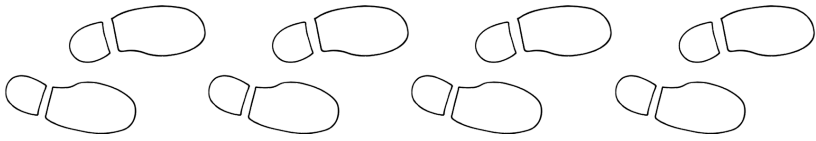
This week I am praying for _____. There is a lot of poverty here where people do not have _____.

Please help these people by giving them **HOPE** and show them that they are **LOVED** by you, even when they don't have enough.

I also ask that you would give them _____.

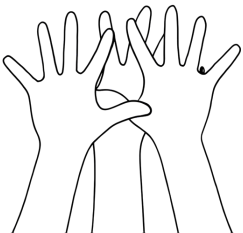
Amen.

Write your own prayer here if you would like to:

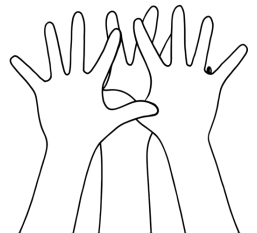


‘Anything you
did for any of
my people
here, you also
did for me.’

Matthew



25:40



POVERTY

Draw in the box all the things you would like every person in the world to have.



Jesus, in the box above are all the things I would like everyone to have. But I know there are people who do not have these things.

Please send people to help them, give them food so they aren't hungry, and provide a home for them to live safely in.

Amen.

POVERTY

How can I make a difference?

Talk with an adult and then write in this box some ideas of what you could do to help people living in poverty. When we help others, we are doing it on behalf of Jesus, this is what He meant when he said, **'Anything you did for any of my people here, you also did for me.'**



Father God,

Thank you that you care about everyone in the world. Please give me ideas to help those who don't have enough so that I can show them your love.

Amen

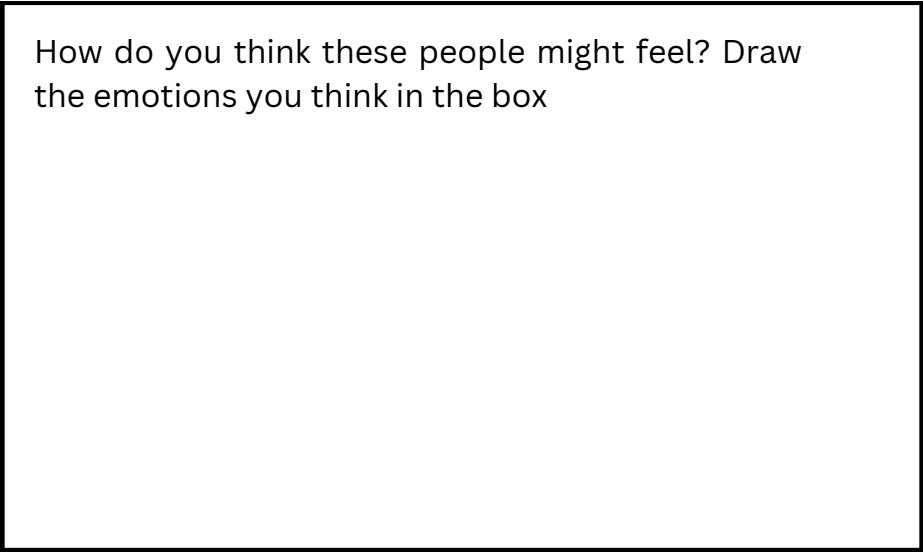
Write your own prayer here if you would like to:

WEEK 2: REFUGEES

There are people who have left their homes and everything they own because it is no longer safe for them to live there.

We call these people refugees.

How do you think these people might feel? Draw the emotions you think in the box



Refugees will be scared and lonely. When they arrive in a new land they have no house to live in and no money to buy food or clothes.

Jesus wants us to pray for these people.

WEEK 2: REFUGEES

Complete the wordsearch and as you do use the words to help you to pray.

Lord Jesus, today I ask you to...

U	L	R	Y	B	A	F	V	G	V	Y	G	W	Z
E	M	O	C	L	E	W	A	A	S	P	D	B	X
Q	A	Q	V	F	K	X	L	E	E	B	Q	F	M
Y	O	L	L	E	K	U	P	J	H	G	P	K	K
W	X	N	U	H	E	F	R	S	T	J	G	X	K
E	L	R	I	I	E	T	L	T	O	U	D	S	U
G	J	Z	N	N	S	K	F	S	L	B	S	B	O
H	I	A	V	W	W	M	N	D	C	E	Q	N	R
P	S	F	I	I	L	R	I	R	N	A	C	T	L
P	F	D	T	F	G	J	O	D	F	O	O	D	Z
B	O	A	E	G	O	H	N	T	F	E	I	N	B
I	Z	E	M	F	V	I	Z	N	U	C	G	U	W
I	F	A	L	U	K	J	U	Q	A	W	W	F	R
T	Q	Z	N	U	A	B	F	S	V	F	H	Y	L

KINDNESS

CLOTHES

WELCOME

LOVE

FOOD

INVITE

VALUE

REFUGEES



Speak your prayer out loud and fill in the blanks as you do so.

Father God,

This week I am praying for _____. These people have had to run from their home because of _____ and I know they will be feeling _____. Please do not let them feel alone but find people to love and care for them.

Please help these people by giving them **HOPE** and show them that they are **LOVED** by you, even when they have nothing.

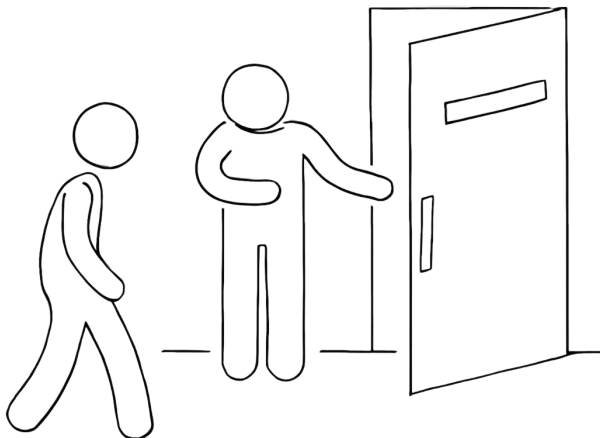
I also ask that you would give them _____.

Amen.

Write your own prayer here if you would like to:

‘I was alone and
away from
home, and you
invited me into
your house.’

Matthew 25:35



REFUGEES

How can I make a difference?

Talk with an adult and then write in this box some ideas of what you could do to help refugees coming into our country. When we help others, we are doing it on behalf of Jesus, this is what He meant when he said, **'Anything you did for any of my people here, you also did for me.'**



Father God,

Thank you that you care about everyone in the world. Please give me ideas to help those who arrive in our country scared and alone.

Amen

Write your own prayer here if you would like to:

WEEK 3: CLIMATE CHANGE

Our world is heating up, a little bit like its got a fever. This is called climate change. Things like floods and bad storms happen more often, and animals lose their homes because it's too hot for them to live there anymore.



As you walk around where you live this week, look out for things that are harming our world and write them in this box. You can then use this list to help you pray about the things you want to see changed.

CLIMATE CHANGE

Inside the world, draw pictures or write words of how you think God would want the earth to look. As you are drawing, pray that God would help make the world better and become fully beautiful again.



CLIMATE CHANGE



Speak your prayer out loud and fill in the blanks as you do so.

Father God,

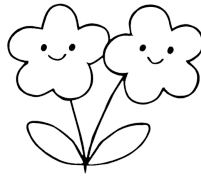
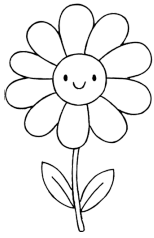
This week I am praying for _____. The world is getting warmer because some people are _____ and your creation is _____

But I know I can make a difference! Help me to _____ and to teach those around me to do the same.

Please help the people and animals who are impacted by the changes happening in our world, protect them and send more people to help.

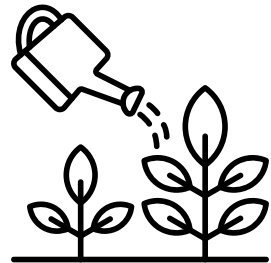
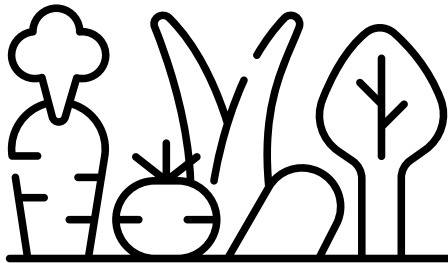
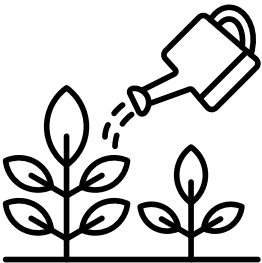
Amen.

Write your own prayer here if you would like to:



The Lord God put
the man in the
garden of Eden to
care for it and
work it.

Genesis 2:15



CLIMATE CHANGE

How can I make a difference?

Talk with an adult and then write in this box some ideas of what you could do to help protect God's world. When we care for our world, we are doing it for God because he put us in charge of his creation to look after it like a head gardener. This is what it means in the Bible when it says, **'The Lord God put the man in the garden of Eden to care for it and work it.'**



Father God,

Thank you that you care about everyone in the world. Please give me ideas to help protect the earth and the people and animals who live in it.

Amen

Write your own prayer here if you would like to:

WEEK 4: RACISM

God has made us all different and He wants us to celebrate this, but unfortunately, there are some people in our world who aren't kind to people because they are different. This is called racism.

Can you write a list of all the places you think racism might happen?

Sadly, racism can happen anywhere. But Jesus wants us to pray for those who have been hurt by others because of what they look like. He also wants us to stand up against racism, showing His love for everyone no matter how different they might be when compared to ourselves.

RACISM

This week, pick two places you would like to pray for. This could be somewhere you go regularly like school or the shops, or it could be somewhere further away from home like a football stadium, or even videos people watch on YouTube.

Write your two places here:

- 1.
- 2.



PRAYER FOR CHOSEN PLACES

Speak your prayer out loud and fill in the blanks as you do so. Repeat it for both of your chosen places.

Father God,

This week I am praying for _____.

Thank you that you see everyone the same. This week I pray that the people in _____ will be able to see beyond how others look on the outside and will be able to see the inside.

I pray that people in _____ will be _____.

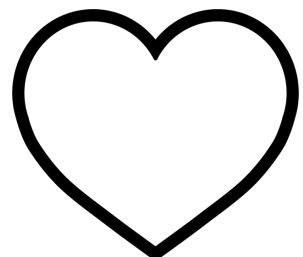
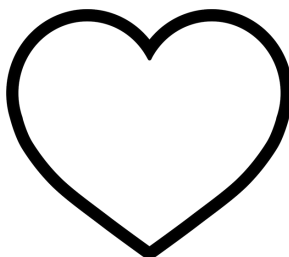
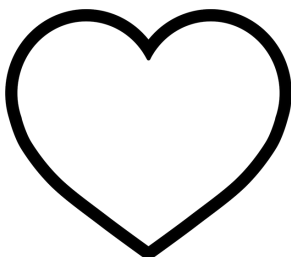
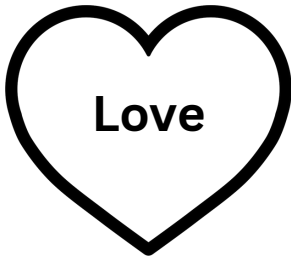
Amen.

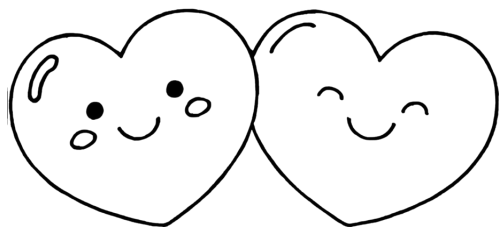
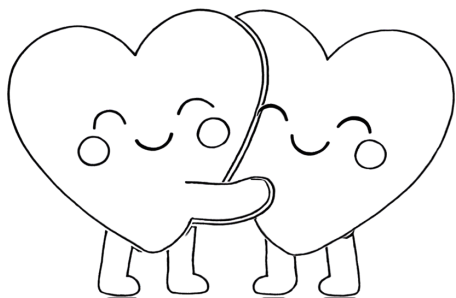
RACISM

Use the words in the hearts to pray for:

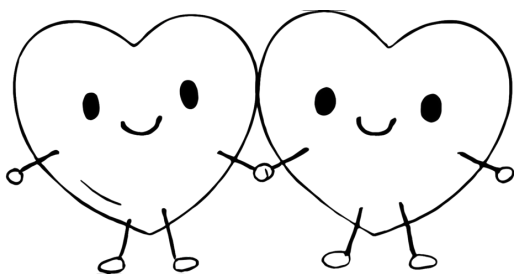
1. Those who have been hurt by any unkindness due to being different.
2. For yourself, to be brave enough to stand up against people being unkind and show God's love to everyone.
3. For those who are unkind to others, that they would see we are all loved by God.

Write your own words in the blank hearts.
Colour in the hearts as you pray the words.





People look at
the outside of a
person, the Lord
looks at the heart
1 Samuel 16:7



RACISM

How can I make a difference?

Talk with an adult and then write in this box some ideas of what you could do to help show God's love to everyone - no matter what they look like. God doesn't love us because of what we look like on the outside, he loves us because of who we are on the inside - no one is better than the other. This is what it means in the Bible when it says, '**God does not see the same way people see. People look at the outside of a person, but the Lord looks at the heart.**'



Father God,

Thank you that you love everyone the same even though we are different. Please give me ideas of how I can show your love to everyone and stand up for those who have been hurt by others in the past.
Amen

Write your own prayer here if you would like to:

Elim Ryedale



Publishing