

Kids Worship

Kids Church - Social Justice

Date:

The Hands and Feet of Jesus

Learning Objective/s:

Children will:

1. Understand what it means to be the hands and feet of Jesus
2. Explore examples of how the early church became the hands and feet of Jesus
3. Review their prayer journals

Equipment:

- Lesson timetable board (*see series overview for more info*)
- *Warm Up/Worship Time:* Speaker, device and PowerPoint
- *Bible Time:* Feet bucket stilts and hands (*pre-made - see instructions*), Bible Verses, Bibles
- *Prayer Time:* Prayer templates for children without a prayer journal
- Parent cards

Remember to ask the *children to bring back their prayer journals which they have been using at home during the Social Justice series. (Children can take these back home after this session)*

Parent Card:

At the end of the lesson, hand out the **parent cards** to the children so that they can continue reflecting on this week's lesson at home.

Welcome Time:

Before starting the lesson, sit the children down and ask each one about their week, not forgetting to share about yours too. This is a great chance to build relationship with each other and to teach the children important skills like communication and listening.

Warm Up Song

Choose a warm up song and encourage the children to join in and warm themselves up. An example of a warm up song could be someone like *Danny Go* - you can find his songs on youtube.

Worship Time

Pick a song the children regularly sing and dance to, and encourage them to join in.

Bible Time: Hands and Feet

Prep: Make four giant feet, glued onto cardboard. Thread string on either side, making sure the string is long enough for the children to hold onto and walk with (see picture - like a pair of bucket stilts).

Prep: Make four giant hands - a bit like giant gloves (see picture)

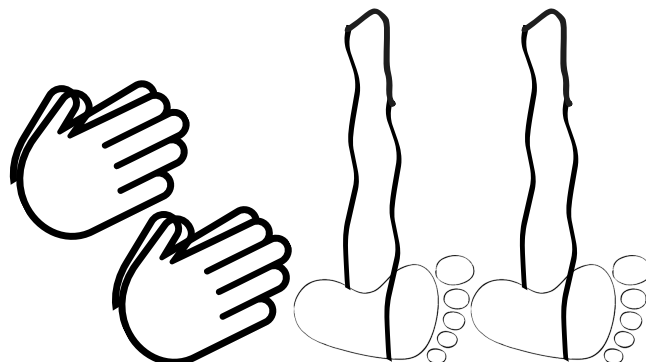
Tell the children that this month they are going to find Bible verses that talk about being the hands and feet of Jesus.

Ask the children if they know what being the hands and feet of Jesus means. Listen to their answers and then say, being the hands and feet of Jesus means that we do what he did when he was walking the earth, i.e. we are kind, show love to others, respect everyone, help those in need... when we do these we are doing it for Jesus, as his representatives on earth - we are his hands and feet.

Tell the children that they are going to play a game to find Bible verses that tell them how the first Christians were Jesus' hands and feet. They will play the game two at a time to see who can find the verse first - but there is an added obstacle - they have to wear giant feet and giant hands to reach the Bibles!

How to play: Line two children up at one end of the room, and place two Bibles at the opposite end of the room with the Bible verse they have to find next to them. Help them stand on the giant feet and hold the string ready to walk on them and wear the giant hands. When you say go, they have to walk as fast as they can to the other end of the room where the Bibles are, when they reach the Bible they remove the hands and feet, search for the verse and read it out when they find it - the person who finds it first is the winner.

Repeat this with the next two children with the next two verses, and again for the last two verses. (If you have more than 6 children, simply play the game again and repeat the Bible verses)



Giant hands and feet

Bible Time: Hands and Feet continued

After the game, bring all the children back and read through each verse again, asking them to tell you what the first Christians did to be Jesus' hands and feet on earth.

1. John 13:34 - *'A new command I give you: Love one another. As I have loved you, so you must love one another.'* **The first Christians were taught to love like Jesus did.**
2. 1 Peter 4:9 - *'Open your homes to each other, without complaining.'* **The first Christians welcomed people into their homes.**
3. 1 John 3:17-18 - *'Suppose a believer is rich enough to have all that he needs. He sees his brother in Christ who is poor and does not have what he needs. What if the believer does not help the poor brother? Then the believer does not have God's love in his heart. ¹⁸ My children, our love should not be only words and talk. Our love must be true love. And we should show that love by what we do.'* **The first Christians shared their money with those in need, they showed their love by doing things for others.**
4. Colossians 3:23 - *'In all the work you are doing, work the best you can. Work as if you were working for the Lord, not for men.'* **The first Christians did their very best for everyone.**
5. Ephesians 4:32 - *'Be kind and loving to each other. Forgive each other just as God forgave you in Christ.'* **The first Christians were kind to all, and they showed forgiveness when people got it wrong.**
6. Hebrews 13:16 - *'Do not forget to do good to others. And share with them what you have. These are the sacrifices that please God.'* **The first Christians shared with those who needed it.**

Finish by saying all of these examples should give us ideas of how we can be Jesus' hands and feet today. We're going to talk more about this as we pray together.

Prayer Time: Prayer Journals

Remind the children that over the last few weeks they have been looking at how they can make a difference in the world.

For the children who have remembered to bring along their completed prayer journals, ask them to open them up to the section on poverty. Ask the children which countries they prayed for during week 1 and then ask one child to read out one of the prayers they wrote during this week (or use the template for a child without a journal to make up a prayer).

Next, get the children to turn to the second week on refugees and ask a child to read out one of their prayers for this week (or use the template for a child without a journal to make up a prayer).

Prayer Time: Prayer Journals continued...

Now turn to week three on climate change, ask the children to share their ideas about what they think God would want the world to look like, and ask if they've been able to do anything that helps the world. Then, ask one child to read out one of their prayers for this week (or use the template for a child without a journal to make up a prayer).

Finally, look at the last week on racism. Ask the children which two places they have been praying for, ask them if they've noticed a difference in people being kinder to each other, or if they've felt bold enough to stand up against anyone being unkind to someone because they are different. Then, ask one child to read out one of their prayers for this week (or use the template for a child without a journal to make up a prayer).

Worship Time: Optional - Cut out if you are running out of time

Pick a song the children regularly sing and dance to, and encourage them to join in.

Parent Card

What I've learned in Kids Church today

Date:

The Hands and Feet of Jesus

We're so glad your child has joined us today!

Today we had a Kids Worship session. During these sessions the children will be having a time to worship God together, with opportunities to pray, sing, be creative, and read the Bible. This time, the children shared the prayers they wrote from their prayer journals, as well as discovering how the first Christians became the hands and feet of Jesus - and how we can do the same today.

Key phrase for your child to know:

Be the hands and feet of Jesus

The memory verse we learned today is:

'Do not forget to do good to others. And share with them what you have. These are the sacrifices that please God.' Hebrews 13:16

Talk together:

Today we searched for Bible verses that gave examples of how the first Christians helped those in need and showed love to others. Why not look for these verses again and talk with your family about how you could make a difference like the first Christians did.

1 Peter 4:9 1 John 3:17-18
Colossians 3:23 Ephesians 4:32
Hebrews 13:16

Pray together:

Jesus,

Help me to be your hands and feet on earth. Show me ways to help those in need, and remind me to show love to all.

Amen

See you next time!

POVERTY



PRAYER FOR MY CHOSEN COUNTRY

Speak your prayer out loud and fill in the blanks as you do so. Repeat it for both of your chosen countries.

Father God,

This week I am praying for _____. There is a lot of poverty here where people do not have _____.

Please help these people by giving them **HOPE** and show them that they are **LOVED** by you, even when they don't have enough.

I also ask that you would give them _____.

Amen.

Write your own prayer here if you would like to:

REFUGEES



Speak your prayer out loud and fill in the blanks as you do so.

Father God,

This week I am praying for _____. These people have had to run from their home because of _____ and I know they will be feeling _____. Please do not let them feel alone but find people to love and care for them.

Please help these people by giving them **HOPE** and show them that they are **LOVED** by you, even when they have nothing.

I also ask that you would give them _____.

Amen.

Write your own prayer here if you would like to:

CLIMATE CHANGE



Speak your prayer out loud and fill in the blanks as you do so.

Father God,

This week I am praying for _____. The world is getting warmer because some people are _____ and your creation is _____

But I know I can make a difference! Help me to _____ and to teach those around me to do the same.

Please help the people and animals who are impacted by the changes happening in our world, protect them and send more people to help.

Amen.

Write your own prayer here if you would like to:

RACISM

This week, pick two places you would like to pray for. This could be somewhere you go regularly like school or the shops, or it could be somewhere further away from home like a football stadium, or even videos people watch on YouTube.

Write your two places here:

- 1.
- 2.



PRAYER FOR CHOSEN PLACES

Speak your prayer out loud and fill in the blanks as you do so. Repeat it for both of your chosen places.

Father God,

This week I am praying for _____.

Thank you that you see everyone the same. This week I pray that the people in _____ will be able to see beyond how others look on the outside and will be able to see the inside.

I pray that people in _____ will be _____.

Amen.

John 13:34

1 Peter 4:9

1 John 3:17-18

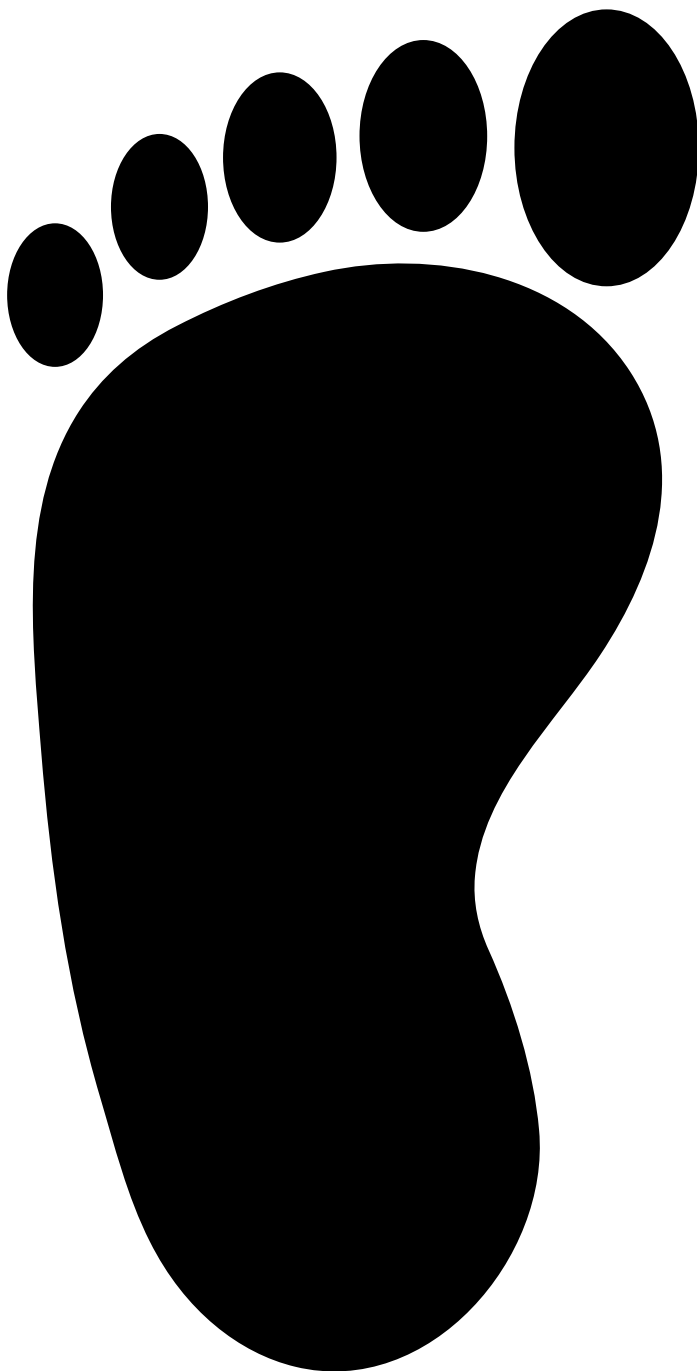
**Colossians
3:23**

Ephesians 4:32

**Hebrews
13:16**

Bible Time: Feet Bucket Stilts

Cut out and stick onto cardboard. Then fasten on a long piece of string to either side



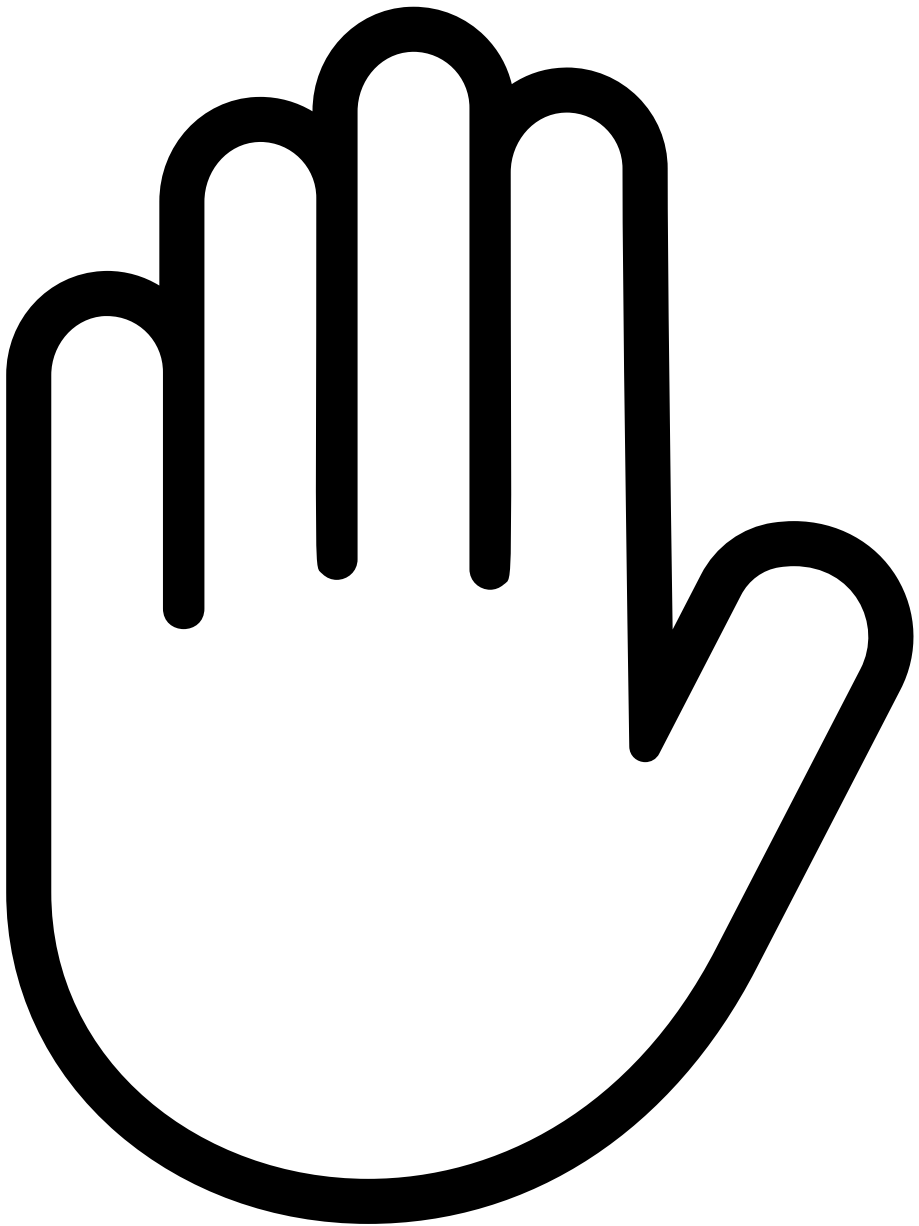
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Cut out and stick onto cardboard. Then fasten on a long piece of string to either side



Bible Time: Hands (make 2)

Print out on card and cut out, stick the left and right hand together but leave a slot in the wrist for a children's hands to fit in - like a giant glove!



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